

Setting up a Hulda Clark Zapper How to Zap Instructions Pet Zappicator Food Zappicator

> Books by Hulda Clark at: HuldaClark.com

Legal Disclaimer

The zapper devices by Frequency Generation are made according to the published designs by Hulda Clark Ph.D., N.D.

Dr. Hulda Clark defines a Zapper as any unit that generates a positive offset frequency between 10 Hz and 500,000 Hz using a 9-volt battery. *Positive offset* means that when tested on an oscilloscope the zapper shows the bottom of the wave form a minimum 1/4 volt above zero. No negative output ever.

Dr. Clark's books have not been evaluated by the United States Food and Drug Administration. The Clark Zapper is not licensed as a medical device in the United States. Zappers can only be sold as experimental devices for educational research.

All information is for educational purposes and not intended as medical advice. Consult a licensed health professional before attempting any self health program. Not intended for use in the cure, mitigation, treatment, or prevention of any disease in humans or animals.

If you are pregnant or wearing an electronic pacemaker, please do not experiment with a zapper. These situations have not been explored yet.

For more information on how to build and use the zapper, please read the books by Dr. Hulda Clark. This guide is to help one easily set up their Hulda Clark related experiments correctly. No medical or health information is intended. Read a book by Dr. Hulda Clark before experimenting with a Zapper or Zappicator. The books by Hulda Clark are available at HuldaClark.com

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Switch 2 : Turn the Zapper on.

Hulda Clark Zapper Set Up

- 1. Push the red and black plugs into the corresponding red and black ports.
- 2. Connect each alligator clip to a copper handle.
- 3. Wrap each copper handle with one layer of damp paper towel.
- 4. The LEFT switch (next to the black port) chooses frequency: DOWN for 30 kHz. UP for 1 kHz.
- 5. The RIGHT switch (next to the red port) is the On/Off: DOWN to turn OFF. UP to turn ON.

Green light turns red when the 9 volt battery needs replacement. The battery compartment is found in the back of the unit; slide with thumb.

How to Zap

Grip the copper handles in each hand. **Zap for three 7-minute sessions with a 20-30 minute break in between**. Sit, relax, and hold your arms at your sides while gripping the copper handles. Remember to keep hands apart so the zapper can penetrate. Some people can feel a slight tingle, but most people do not feel anything.

You can zap using either frequency. The lower 1 kHz frequency is more aggressive, while the original 30 kHz Hulda Clark Zapper frequency setting is more comfortable so you can zap for a longer duration. Most people zap at 30 kHz.

Remember to keep the paper towel wrapped around the copper handles damp throughout your zapping sessions.

When To Zap

Dr. Hulda Clark recommended daily zapping for beginners. Some people experience detox symptoms after zapping. If your symptoms create too much discomfort, try zapping every other day until your symptoms ease.

Once you are happy with your condition, you may choose to zap only as needed or at least once a week preventively.

Extended Zapping

Once your body has adjusted to zapping and depending on the urgency of your situation, you may want to increase the duration of your zapping. Dr. Clark found that zapping for longer periods can be more effective.

Some people zap 20 minutes on, 20 minutes off, 5 times or even more, perhaps on and off all day.

Zapping with Family and Friends

Four people can zap together using Hulda Clark's original zapping schedule of 7 minutes ZAP, 20 minutes BREAK, 7 minutes ZAP, 20 minutes BREAK, 7 minutes ZAP.

Each one zaps for 7 minutes then takes a 21 minute break while 3 companions each take their 7-minute turns. The entire zapping session for four people lasts almost an hour and a half.

It is enough time for a leisurely visit during which the group may have some herbal tea and healthy snacks in between zapping, do some exercises together, or watch inspiring YouTube videos about Hulda Clark (ours are at youtube.com/huldaclarkcom).



Zapping Meditations

Experience our 7-minute audio meditations to guide you while you zap for a relaxing integrated body + mind self-care ritual. Tap image to visit the library.

Parasite Zapper Mobile App



Tap the image to download our video game app, Parasite Zapper for iOS, Android, and Windows PC. Zap the Parasites virtually for top score. App also includes a handy 18-day Herbal Parasite Cleanse



Zappicator Set Up

When a 1 kHz Zapper powers a North Pole Speaker Box, you have a Zappicator. The North Pole Speaker Box is sold separately.

Test the magnet on the North Pole Speaker Box with a compass to be sure that it does not reverse polarity (magnets can change polarity if



dropped or heated). Before each use, tip the speaker box upright and hold a compass up to the middle of the North Pole Speaker Box. The N should be attracted toward the top. A compass is included with each speaker box.

- 1. Remove all metal items from the area.
- 2. Push the red plug from the speaker box into the red port of the Zapper. Leave black port on the Zapper empty. *RF* does not need a grounded circuit.
- 3. Place Zapper as far away as the lead wire allows.
- 4. Flip the Zapper's left switch UP to choose 1 kHz.
- 5. The right switch (closest to the red port) is the ON/OFF.

Important: REMOVE ALL METAL ITEMS. Because the magnet in the speaker will turn metal to the *opposite polarity*.

Geek Stuff: You've seen a magnet reverse the polarity of ferrous metal. Notice how a magnet will connect to the refrigerator even if you flip the magnet over because it turns the ferrous metal that makes up your fridge to the opposite polarity and sticks because *opposites attract*. Sending the zapper frequency via the speaker's magnet is handy, but be sure to remove all metal items 2-3 feet or more away from the area you intend to zappicate.



Food Zappicator

When a 1 kHz Zapper is connected to a North Pole Speaker Box, it can be used as a Food Zappicator.

Zappicating is great for raw foods and salads that don't get cooked. It is also great for zappicating before or after cooking.

Set food and beverage items in glass or plastic containers on top of the North Pole Speaker Box to zappicate. Water, fruits, and vegetables can be zappicated for 10 minutes. Dairy should be zappicated for at least 15 minutes; meat products for at least 20 minutes.

Important: Remove all metal caps from jars of food and beverages before zappicating. Do not zappicate food in cans. Zappicate using only plastic or glass containers. Keep North Pole Speaker Box off metal surfaces when in use.

Pet Zappicator

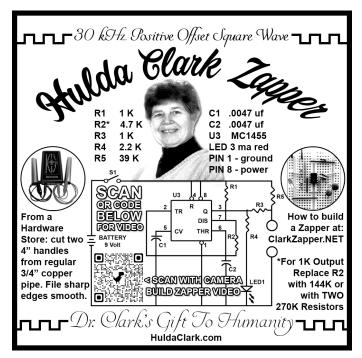
A North Pole Speaker Box set up can be used to zappicate pets. Simply place the North Pole Speaker Box under your pet's bed and turn zapper on while your pet is resting. Start slow by zappicating your pet for 3 minutes per day. Build up to 20 minute sessions.

Important: Remove all metal collars or tags before zappicating. Do not use inside a metal kennel.

Before Hulda Clark developed the Zappicator, pets were zapped by holding the copper handles against parts of the pet's body that have the least amount of fur. Dr. Clark also suggests the Herbal Parasite Cleanse for you and your pet.

Herbal Parasite Cleanse Recipe for you and your pet at HerbalParasiteCleanse.com





Build a Hulda Clark Zapper

This is the original 30,000 Hz (30 kHz) Zapper schematic that Dr. Clark published in her books. People who read her books follow the directions step by step to make their own zapper.

Dr. Clark's instructions tell the reader to build the circuit into a small shoe box or something comparable. So many of the first zappers were contained in shoe boxes!

Hulda Clark adapted her Zapper circuit into an easy to use electronic breadboard so now it's easier than ever to build your own Hulda Clark Zapper. All you do is push the 9 parts in place, and you have a zapper.

The "Build Your Own Hulda Clark Zapper" Breadboard Kit contains color illustrated instructions and all the electronic parts necessary to build your own Hulda Clark Zapper circuit as published in her books.

Risk Free Guarantee

Every body is different and reacts to the Hulda Clark Zapper in different ways based on unique conditions and environment. Some people report immediate results. Others take longer to observe improvements in their health and wellbeing. Combine zapping with herbal cleanses and lifestyle cleanups for best results. Read a book by Hulda Clark for more information. The books by Hulda Clark are available online at HuldaClark.com

The Hulda Clark Zapper comes with a 1-year satisfaction guarantee. If, after using the Hulda Clark Zapper for 1 year, you find that it has not improved your life in any way, you may return the zapper unit, copper pipes, cables, and a copy of your invoice for a full refund (shipping not included).

Lifetime Repair or Replacement Warranty

Warranty coverage insures you for the electronic craftsmanship of the frequency generator unit only, and does not include wear and tear of the copper handles, cables, and 9-volt battery. Replacement is our option for units that are beyond repair. Neglect/abuse of unit forfeits the warranty.

Contact us at info@NaturalHealthSupply.com for information regarding how to return your Hulda Clark Zapper.



